



'My Community' in Bristol

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What is 'My Community'?



- The 'My Community' work aims to put people with a learning disability at the centre of local community development.
- What happens in the area will be decided by people who live in the community as they know their community best.
- Local people with and without a learning disability will form an Action Group to decide, develop, and be involved in plans that will make their community a better place for people with a learning disability to live.



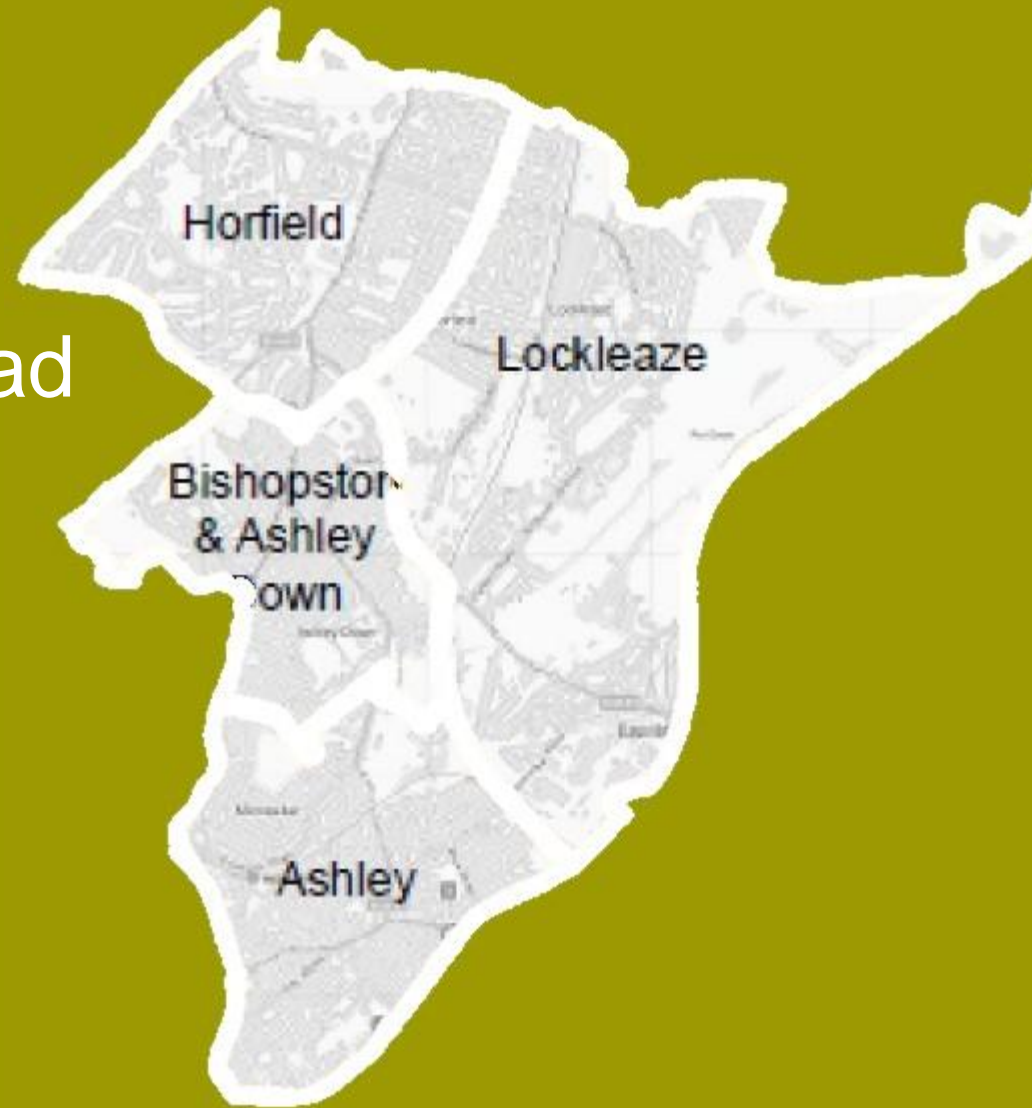
Why Bristol?



- Local organisations [SENDaWelcome](#) and [Step and Stone](#) were set up by north Bristol parent carers of young people with learning disabilities.
- They work towards full inclusion of people with a learning disability into every part of the community.
- They asked Mencap to choose Bristol to be one of the places to benefit from the Covid-19 Support funding.

Where in Bristol?

Local people told us their community and the places they often go are spread across Horfield, Lockleaze, Ashley, Bishopston and Ashley Down. Because they said this, we are focussing the 'My Community' work in these areas.





Jess



Alice

We are the 'Community Partners' in Bristol.

Our job is to...

- support community-led development
- work with the community to make it an even better place for people with a learning disability to live happy and healthy lives
- support local people with a learning disability to work with the community to decide what happens

So far...



We have spoken with nearly 350 local people and asked them lots of questions



Of these, 85 were people with a Learning Disability.



We have also been in contact with 84 different organisations working in Bristol.



We hosted 32 Community Conversations in different locations in the area.



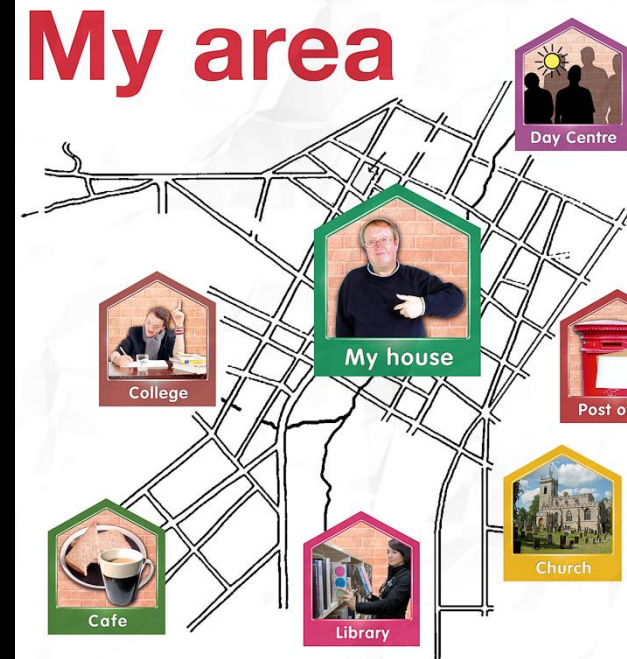
We sent out a questionnaire in English, Polish, Punjabi, Urdu and Somalian.



We have set up a 'My Community Bristol' Facebook page - which now has 70 followers and 41 likes!

We asked local people lots of questions:

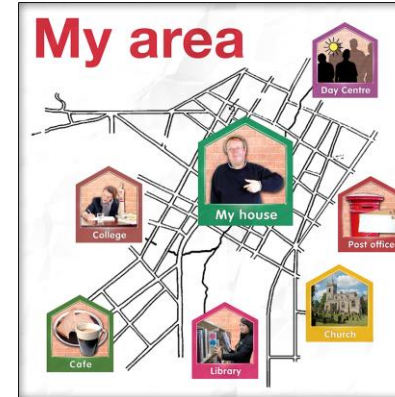
- What does community mean to you?
- What do you enjoy doing?
- What do you like about your local area?
- What are the great places, people and things to do in this area?
- How could this area be even better?
- What might make your life happier or healthier?
- How might you make a difference or contribute?
- What stops you doing what you would like to do?



People said 'community' means...



Inclusion – everyone welcomed and accepted



Local activities and resources.
For example, youth clubs, restaurants, sports centre



- Connection and belonging
- Having things in common



Supporting each other and the local area



- People:
- family, friends, neighbours
 - socialising



Community events

People told us over 450 things they enjoy or are interested in!



36 different physical activities!



Over 20 types of creative activities!



Shopping



Outdoor activities

Lots of people said they enjoy spending time socialising



Entertainment



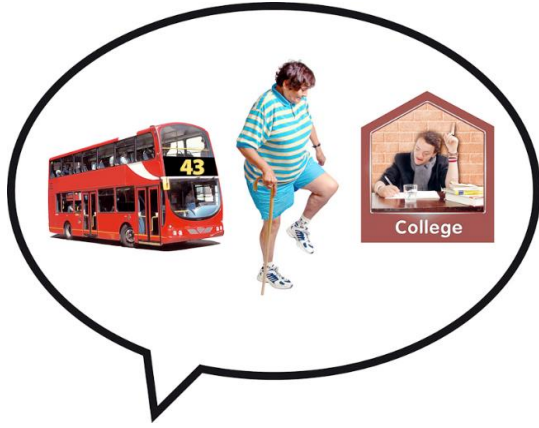
People told us over 172 great places they like to go!



We asked local people:

How could this area be even better?

What might make your life happier or healthier?



- We recorded over 1030 comments and ideas from local people
- These fell into over 50 different groups. The full list is at the back of the report.

10. More training to enable the full inclusion of people with learning disabilities in the community
9. More awareness of the range of needs of people with a learning disability
8. Better access for people with profound and multiple learning disabilities to activities of their choice
7. A more united, accepting and inclusive community
6. Low cost activities so local people can afford to go

5. Better access to transport and travel options
4. On-going communication between people with lived experience and people who provide services about how to be inclusive
3. Access to local inclusive social spaces (for example, community hubs and cafés)
2. Better information sharing & more accessible information on local groups, activities, and opportunities
- 1. More social opportunities, activities, and learning opportunities in the local area**

Questions?