**BREATH DEEPLY / DEEPLY ROOTED**

**Prayer & Silence**

* Discovering ways of praying which work for us and draw us closer to God.
* Enjoying silence and making time to encounter God in creation, the Bible and one another.
* Developing patterns of prayer and taking time to reflect and ponder.

**Balance & Rest**

* Trying to live balanced and sustainable lives in a word that tends to be driven and achievement-focused.
* Making sure we get enough rest and relaxation. Encouraging others to do likewise.
* Discerning our calling – what is ours to do. Being content to let go of the rest.

**TREAD LIGHTLY / TENDING EARTH / LOVING EARTH**

**Living sustainably**

* Being content with what we have.
* Reducing our impact on the earth and finding gentler ways of living.
* Encouraging each other in the hard task of change.

**Caring for Earth**

* Caring for our land, creating places that are beautiful and productive and helping others to do likewise.
* Making connections with those of different faiths, cultures and backgrounds who share our love of earth.

**Seeking Justice & Peace**

* Working with others to campaign for action in addressing the climate emergency locally, nationally and globally.
* Concern for those most impacted by ecological breakdown, and for those who are vulnerable or marginalized in our own community.

**JOURNEY TOGETHER / GROWING COMMUNITY**

**Practicing Community**

* Investing in our relationships at Hazelnut, offering kindness, support and care.
* Being ourselves – being willing to be real, honest and vulnerable. Accepting other people for who they are and being open to the gifts the bring.

**Hospitality & Welcome**

* Welcoming everyone who uses the garden. Being inclusive, gentle, curious and non-judgmental.
* Recognising the power of eating together.

**Using our Gifts**

* Investing our skills, time, energy and money in our community. Remembering that everyone has something to offer.

**Connection & Collaboration**

* Connecting with others beyond Hazelnut, sharing our stories and understandings of faith, our resources, learning, hopes and dreams together.

**WALK JOYFULLY / LIVING JOYFULLY**

**Gratitude & Wonder**

* Practice gratitude, noticing the small blessings we take for granted.
* Being attentive, noticing the world around us and sensing ourselves as part of nature.

**Cultivating Hope**

* Finding the things that grow hope, motivation and resilience; moving away from the things that reinforce hopelessness, fear and anxiety.
* Encouraging each other to develop a deep sense of hope that is not eroded by circumstances or setbacks.

**Being Creative**

* Be creative in whatever ways you enjoy, sharing your gifts and skills with others.
* Share in the creative task of making a beautiful garden.

**Having fun**

* Take time to enjoy friendship, play, laughter and each other’s company.

**BE OPEN TO LEARN / LEARNING TOGETHER**

**Learning**

* Exploring Scripture and learning from other Christians.
* Learning from each other – being open to those who see things differently from us.
* Learning widely – from other cultures, faiths, disciplines and the arts.
* Learning to live faithful lives in a complex, changing world.

**Journeying Together / Growing Community**

Practicing Community; Hospitality & Welcome

Using our Gifts; Connection & Collaboration

**Walking Joyfully / Living Joyfully**

Gratitude & Wonder; Cultivating Hope

Being Creative; Having Fun

**Open to Learn**

From Scripture; From others;

Learning to be faithful in complex times.

***Hazelnut’s values:***

**Creator** We are a Christian community that seeks to encounter the Creator God in worship in order to learn how to live faithful lives in a complex world.

**Creation** We aim to create beautiful and productive organic spaces where the land and its creatures can flourish. We will explore and model new ways to live in connection to each other and our planet, making beauty out of the discarded pieces of a throwaway culture.

**Community** We aim to be Christian communities that are diverse, safe, and welcoming.

**Compassion** We aim to stand with those who are marginalised in our communities, making our projects as accessible as possible. We are committed to giving away at least 50% of what we grow.

**Collaboration** We will connect with friends and partners, and aim to nurture a network of ground-up communities to inspire innovative ways of living in an age of ecological crisis.

**Hazelnut Rhythm of Life – Working document**

June 2024

**Breath Deeply / Deeply Rooted**

Prayer & Silence; Balance & Rest

**Tread Lightly / Loving Earth**

Living Sustainably; Caring for Earth

Seeking Justice & Peace

* hard task of change.

**Caring for Earth**

* Caring for our land, creating places that are beautiful and productive and helping others to do likewise.
* Making connections with those of different faiths, cultures and backgrounds who share our love of earth.

**Seeking Justice & Peace**