



Diocese of Bristol

Families growing faith at home

Church@Home is a simple, practical and 'easy-to-use' resource designed to help and encourage church families enjoy a time of worship together, explore the Bible, pray and grow in their faith in the comfort of their own homes.

Church@Home provides a fun, engaging and easy-to-follow session every Sunday using a Bible reading selected from the Church of England Lectionary. Each session lasts approximately twenty minutes and provides age-related material for toddlers to teenagers to accommodate everyone in the family. Thought-provoking questions, fun activities and crafts bring the Bible story to life as well as creative prayer ideas to help families focus, learn and grow in their faith together. Additional teaching and craft suggestions are also provided for families with very young children.

Church@Home can also be used as a fun way to help families connect with other families on Sunday mornings too during this time of distancing. Invite everyone to begin **Church@Home** at the same time and perhaps set up a WhatsApp group where families can share what they have done, or discuss the topic further together.

If your family or families in your church are using **Church@Home** please let us know. We would like to keep in contact, find out how you are doing as well as hear how **Church@Home** is helping families grow in their faith, so that we can share and inspire others during this time of distancing.

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Thank you 



Sunday 7 June 2020
Trinity Sunday

Passing it on Matthew 28:16-20

Time to focus...

As you gather as a family, find a place on the floor, around a table or even in the garden. If possible, light a candle to mark the beginning of the worship time. Quietly stare at the flame as you pause and prepare for a time of worship as a family...

Set the scene...

The end of Matthew's Gospel is a passage commonly called 'The Great Commission'. The disciples are all gathered together with Jesus as he tells them to go into all the world and tell others about Jesus.

Watch the story...

A great video from 'PursueGOD Kids' with children explaining "[Matthew 28](#)".

Explore the story...

Have a picture of a traffic light or one drawn or made out of coloured card - check out the prayer activity below and have fun creating your own.

What does a traffic light do? It is a type of signal used on roads to direct traffic. When the green light appears it is time to GO! It means, stop waiting about, get going!

Move forward! Do something! And that's exactly what Jesus is telling his disciples to do in Matthew 28. Jesus told them that they were to go and make disciples. The great work that Jesus had done to that point was no going to stop. Jesus was telling his disciples to tell others about Him. They weren't just to tell others, but they were to teach them and even baptize them.

This way the world would begin to hear about Jesus. These words from Jesus are known as the Great Commission - the great sending out - because just like the disciples were sent out, God sends us into the world too; to tell and teach others about Jesus.

So... what are you waiting for?

End with this creative prayer...

Traffic light prayers can help you to focus your prayers on things you need to stop, get ready for, and go and do. Have fun creating your own traffic lights by drawing one or making one e.g. out of Lego...

Red - write / think of things that you need to stop doing.

Amber - write / think of things that you would like to get better at.

Green - write / think of one thing you are going to start doing.





Sunday 7 June 2020
Trinity Sunday

Passing it on

Creative ideas / toddlers to teenagers

0-5s...

Teaching game: Go and find! One person is "it" and will 'go' and 'find' someone. Then the two of them will go and find the next person but cannot let go of each other. When the third person is found, the three of them will go and find the next person, but holding hands and not disconnecting until everyone is found!

Craft idea: Whispering tubes - discuss how Jesus's disciples spread the Good News and how we can spread the Good News today: TV, phone, talking to others, etc. Decorate a paper towel roll with stickers, paints or markers and use and whisper good news through them to your child through the tube e.g. "Jesus loves you". If your child is old enough, go around in a circle whispering the same thing until it gets back to the last person who gives the message out loud.

5-11s...

Worship: Sing along to "Go!" by Seeds Family worship.

Activity: The disciples travelled a long way to spread the Good News. Fill a rucksack with stuff that you might take on a trip such as: a torch, toothbrush, binoculars, comb, brush etc. Show the family everything and return the items to the rucksack. Pull out all the items except one and ask them which one is still in the suitcase then repeat with a different object.

11-18s...

- 1) A disciple is a follower of Jesus. How do you try to follow Jesus?
- 2) What does Jesus mean in verse 20 when he says; "I will be with you always"?
- 3) In what ways can you tell others about Jesus?

 Ask God for confidence when talking to people about Jesus.

 Text someone you know explaining why you follow Jesus.

"Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit." - Matthew 28:19