



RHYTHM

OF LIFE

for primary schools

In this season of Easter,

we choose to have

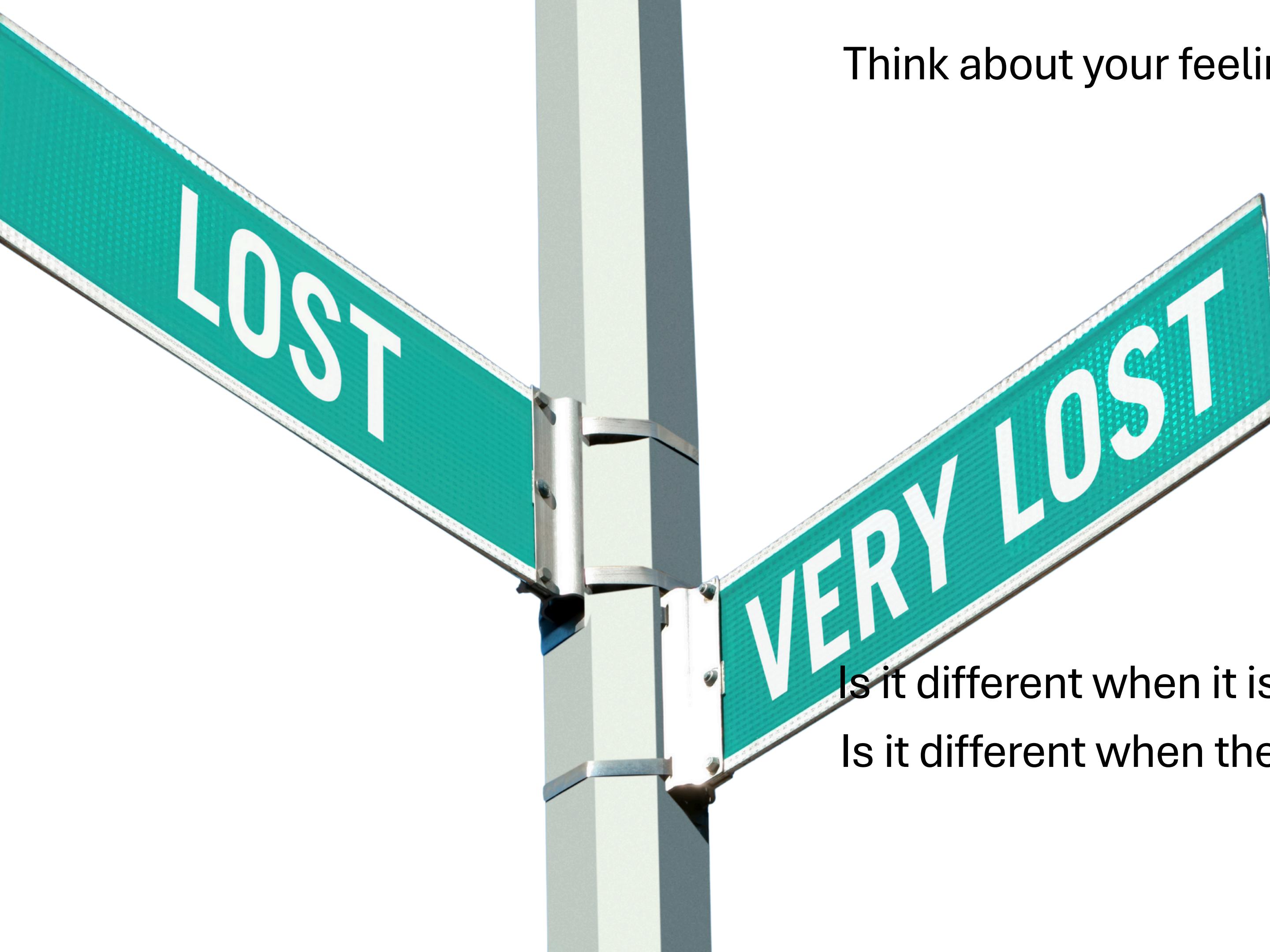
thankful hearts in Jesus'

name. Amen

Have you ever lost something?

Have you ever been lost yourself?





Think about your feelings when you have
lost something.

Is it different when it is a precious thing?
Is it different when the lost thing belongs
to someone else?

This is St. Anthony

He was born in Portugal in 1195.

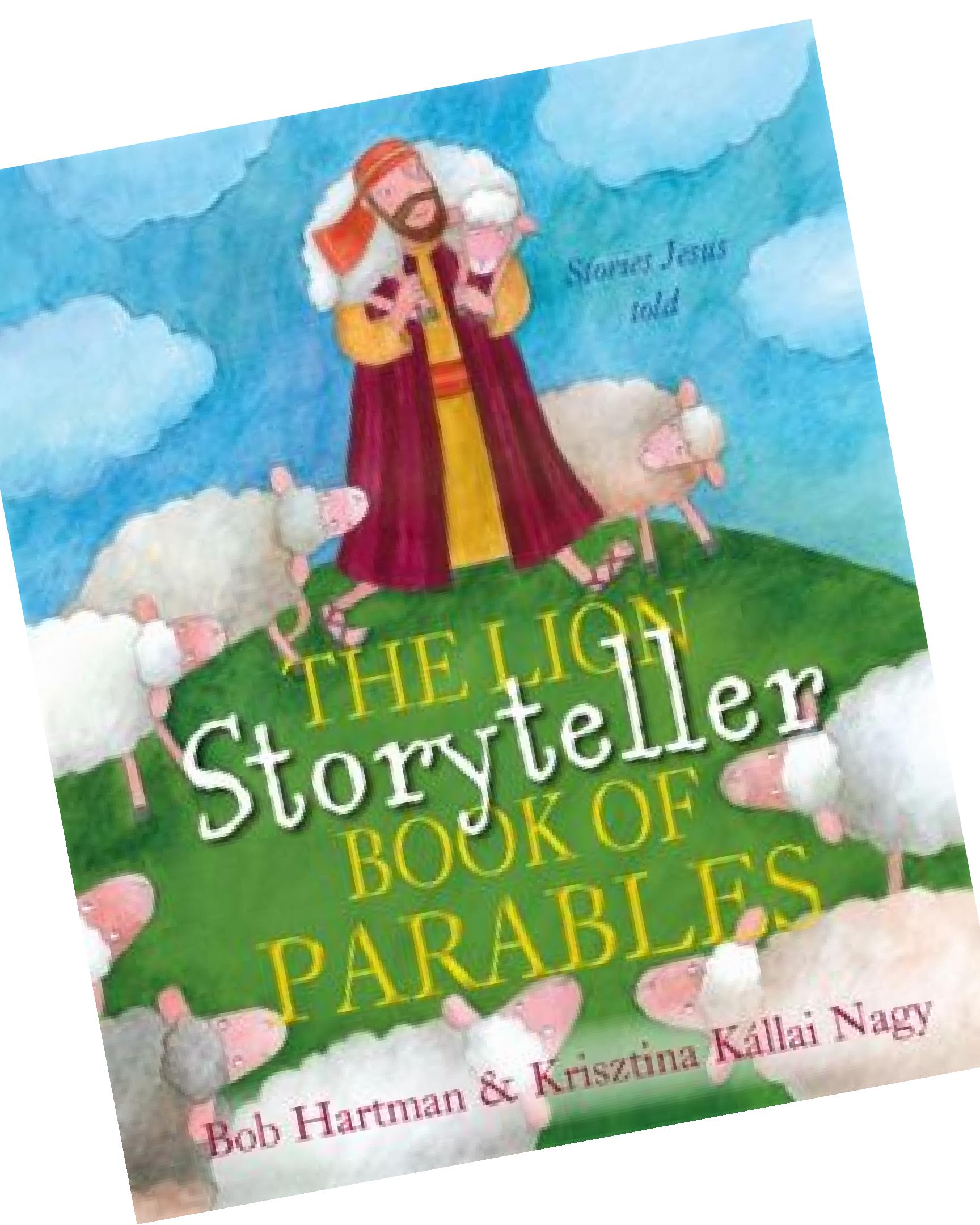
He wanted to live a life that honoured God, so he chose to be a monk. He prayed regularly and read his Bible and taught younger monks. He lived a very simple life.

He is known as the patron Saint of lost things. This is because one day, he lost his prayer book. One of the younger monks had taken it and run away. St Anthony prayed to God and the young monk came back and returned his book!



Now think about how it feels when you find the thing you lost!
Can you describe your feelings in THREE words?





Read the Parable of The Lost Son.

Jesus told this Parable because he wanted his followers to learn something about how God feels when we get things wrong.

**Why is the story called ‘The Lost Son’?
Could the story have another title?**

Bob Hartman & Krisztina Kállai Nagy

In the story, the younger son is lost because because he goes off on his own and stops talking to his father.

The older son is also lost because although he stays to work with his father, he doesn't realise how much he is loved!





Christians say being cut off or disconnected from God is like being 'lost'.

Being selfish cuts us off from people who love us.

Being greedy and rude cuts us off from people that we love.

This behaviour - sin - cuts us off from God too. We can feel sad, anxious and ashamed.

What can we do to reconnect when we have hurt and upset one someone?

What did the younger son do in the story?



Let's think

Think about a time when you felt 'lost' because you did something mean or said something unkind.

We can choose to say sorry.

Is there anyone you need to say sorry to so you can reconnect?

Think about the welcome the younger son had from his father when he got home.

His father was so **thankful** to have him back!

What could you do today to demonstrate **thankfulness**?

We can also choose to be **thankful** that we can be forgiven by God!

Let's pray

Lord Jesus

We pray that our school will be a place where everyone can grow and flourish.

Please help us to be people of hope as we follow you. Teach us to be thankful as we wait for your Kingdom to come. **Amen**

Let's pray The Lord's Prayer

Our Father in heaven, hallowed be your name,
your kingdom come, your will be done,
on earth as in heaven.

Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.

Lead us not into temptation
but deliver us from evil.

For the kingdom, the power and the glory are yours
now and for ever. Amen.

Let's Sing!
Sing out an Easter Song





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