1 Corinthians 11:23-29 (NLT)

On the night when he was betrayed, the Lord Jesus took some bread and gave thanks to God for it. Then he broke it in pieces and said, "This is my body, which is given for you. Do this to remember me." In the same way, he took the cup of wine after supper, saying, "This cup is the new covenant between God and his people – an agreement confirmed with my blood. Do this to remember me as often as you drink it." For every time you eat this bread and drink this cup, you are announcing the Lord's death until he comes again.

So anyone who eats this bread or drinks this cup of the Lord unworthily is guilty of sinning against the body and blood of the Lord. That is why you should examine yourself before eating the bread and drinking the cup. For if you eat the bread or drink the cup without honoring the body of Christ, you are eating and drinking God's judgment upon yourself.

Questions:

1) Why is Communion central to the Church / Christian faith?
2) Why did Jesus use bread and wine as symbols?
3) What do you think v26–29 say to us in preparation for Communion?
4) What three words would you use to describe worship?
5) What does Communion mean to you as you prepare for Confirmation?